

SAVE MONEY...



TOTAL
POTENTIAL
SAVING
£350



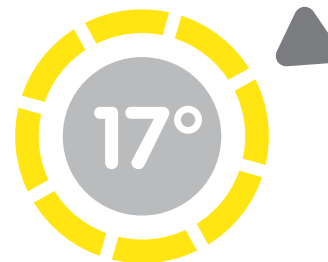
AND THE PLANET

Helping you be EnergyFit.

Being energy efficient can save you over £350 per year and help you do your bit for the environment.

Find out how inside...

**TOTAL
POTENTIAL
SAVING
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All savings are based on a three bedroomed semi-detached house/home at 2010 average energy prices (figures provided by the Energy Saving Trust) apart from:

* Figure provided by Water Wise

** Figure provided by www.lovefoodhatewaste and based on an average family



BATHROOM

Water temperature doesn't need to be higher than 60°C

Save ££

Find out if you can save money with a water meter

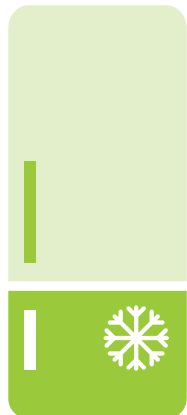
Save £

Turn taps off when not needed

Save £

5 minute showers*

Save up to £180



KITCHEN

Set the washing machine to 30°C and make sure it's full

Save £10

Only boil as much water in the kettle as you need

Save £7

Defrost the freezer regularly and keep it full

Save £

Use line drying rather than the tumble dryer

Save up to £££

Don't waste food. Visit www.lovefoodhatewaste.com for tips on how to use it up and **Save £680** a year**



HALLWAY

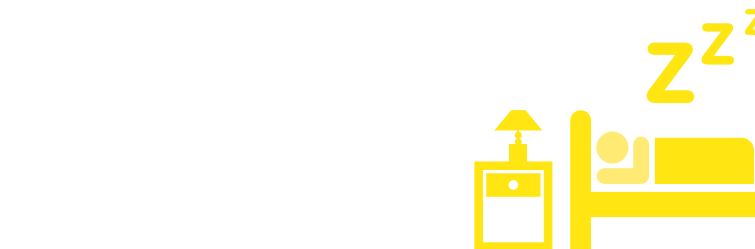
Between 18-21°C should be about right to keep your home warm

Save £££

Turn the thermostat down by 1°C

Save £55

Fit door curtains



BEDROOM

17°C is a good temperature for the bedroom

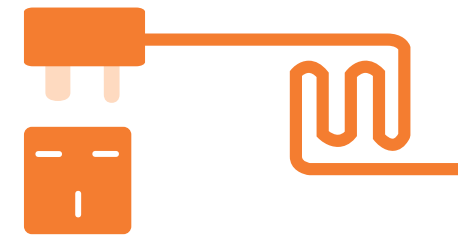
Save ££

Low energy lightbulbs

Save £40

Close curtains and tuck behind radiators

Save £££



LIVING ROOM

Turn appliances off standby

Save £33

Fit draught proofing strips on doors and windows

Save £25

Keep doors and windows shut

Save ££

Fit reflective radiator panels

Save £££

Turn lights off as you leave the room

Save £7

Use and LED TV and save money on energy

Save ££



Contact us

For more information:

Telephone: 0300 100 0303

Email: customerservice@affinitysutton.com



Our Green Voice group is for customers who are interested in the environment and want to help shape our green strategy and projects. If you would like to get involved please email Susie.ward@affinitysutton.com or call 020 7378 5632

More help is at hand

For more free advice on how you can do your bit to save money and help the environment contact:



The Home Heat Helpline

provides friendly advice and help to those struggling to pay their energy bills. Call freephone 0800 33 66 99 or visit www.homeheathelpline.org.uk



The Energy Saving Trust

offers free impartial advice on how to save money and energy in your home. Call freephone 0800 512 012 or visit www.energysavingtrust.org.uk



The Consumer Council for Water

can advise on water meters. Use their free water meter calculator to see if you could save money at www.ccwater.org.uk



Recycle Now gives useful information on where and how to recycle items locally. Visit www.recyclenow.com



Visit www.lovefoodhatewaste.com for recipes and tips on how to use leftover food.